



Information for jobseekers

Mentoring program Office for Labour

The mentoring program is an employment-related service provided by the RAV and is aimed at well-qualified and experienced specialists and managers. Participation in the mentoring program is **voluntary, on your own responsibility and out of personal conviction.**

Our mentors are experienced specialists and managers with extensive knowledge of the job market in their own industry and professional field. They volunteer their services for free and give you, the jobseeker, the perspective of the employer.

Frame

- Mentoring complements the advice provided by the RAV. The content of the discussions is treated confidentially.
- You are responsible for finding the right mentor on our platform.
- You will have 3 to 4 mentoring contacts within three months. You organize these independently with your mentor.
- Together with your mentor, you define the duration, goals and subject areas of your exchange.
- Mentoring does not include job placement by the mentor.

Subject areas



Reflection on my job search

Analyze the current structure of your own job search



Orientation & perspectives

Check, extend or specify the search area



Positioning my market performance

Recognize and review your unique selling proposition (USP) on the job market



Optimize search strategy

Effectively manage the open and hidden labor and job market



Reflect on appearance

Reflect on your self-presentation in interviews and networking meetings

Procedure

- 1.** You speak to your personnel advisor at the RAV about participating in mentoring.
- 2.** You define your goals, your resources and the support you require for the mentoring.
- 3.** You discuss these contents with your personnel advisor at the RAV.
- 4.** You will receive your login for our mentoring platform.
- 5.** You register on our platform and start your search for a mentor.

Questions

Do you have any questions? Your advisor at your RAV will be happy to help you.